



NIRMALA
MULTISPECIALITY
HOSPITAL
Clean... Caring... Responsive...

Women Wellness

Health Packages



Complete Health Checkups
for Every Stage of Womanhood

www.nirmalahospitalmysore.com

Why Choose Our Women Wellness Packages

- ▲ Age-tailored preventive health checkups
- ▲ Comprehensive screening for every stage of life
- ▲ Early detection of common women's health concerns
- ▲ Expert consultation and quality diagnostic support
- ▲ Convenient, affordable, and well-structured packages



NIRMALA YOUNG WOMEN HEALTH PACKAGE

18–30 YEARS

Ideal for young women seeking essential preventive screening and basic health assessment.

NIRMALA WOMEN BASIC HEALTH PACKAGE

21–35 YEARS

Designed for routine wellness monitoring with a balanced set of important investigations.



NIRMALA WOMEN PLUS HEALTH PACKAGE

35–55 YEARS

A more comprehensive package for women who need broader preventive screening and metabolic evaluation.

NIRMALA WOMEN EXECUTIVE HEALTH PACKAGE

40–65 YEARS

An advanced package for detailed assessment, preventive care, and executive-level health screening.



COMPARE HEALTH PACKAGES TO FIND THE RIGHT ONE FOR YOU

YOUNG WOMEN HEALTH PACKAGE

18–30 YEARS

General Physician Consultation

Gynaecologist Consultation

Complete Blood Count (CBC)

RBS

Thyroid Profile

Urine Routine

Ultrasound Abdomen & Pelvis

ECG

₹2499

WOMEN BASIC HEALTH PACKAGE

21–35 YEARS

General Physician Consultation

Gynaecologist Consultation

Dietician Consultation

Complete Blood Count (CBC)

Fasting Blood Sugar

Lipid Profile

Thyroid Profile

Urine Routine & Pap Smear

₹1999



WOMEN PLUS HEALTH PACKAGE

35–55 YEARS

General Physician Consultation

Gynaecologist Consultation

Dietician Consultation

Complete Blood Count (CBC)

FBS, PPBS

HbA1c

Lipid Profile

Thyroid Profile

Liver Function Test (LFT)

Renal Function Test (RFT)

Urine Routine

Pap Smear

Ultrasound Abdomen & Pelvis

ECG

₹3999

WOMEN EXECUTIVE HEALTH PACKAGE

40–65 YEARS

General Physician Consultation

Gynaecologist Consultation

Dietician Consultation

Complete Blood Count (CBC)

FBS, PPBS

HbA1c

Lipid Profile

Thyroid Profile

Liver Function Test (LFT)

Renal Function Test (RFT)

Urine Routine

Pap Smear

Ultrasound Abdomen & Pelvis

ECG

Serum Calcium

Vitamin D & Vitamin B12

₹5999

Instructions Before Health Check-up

- Please come early in the morning after 10-12 hours of fasting.
- Please come on an empty stomach.
- Only plain water is allowed during the fasting period.
- For Ultrasound Abdomen & Pelvis, please come with a full bladder.
- Please inform the staff in advance if you have diabetes, pregnancy, periods, or are taking any regular medications.
- If you are a diabetic patient, please inform the doctor or staff about taking insulin or diabetes medicines before the test.
- Please bring your previous medical records, scan reports, blood test reports, and current medication list, if available.
- Avoid alcohol, smoking, and heavy exercise before the health check-up.
- Wear comfortable clothing for easy examination and testing.
- Please contact the front office desk for any queries or contact 0821-4014800/888



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For Appointments

☎ 0821- 4014800 / 4014888 / 9620447044

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🌐 www.nirmalahospitalmysore.com